



CONSCIOUS DISCIPLINE

The Preschool uses Conscious Discipline to teach children to express and manage their emotions, to resolve conflicts and to create a caring community in our classrooms.

PARENT WORKSHOP SCHEDULE

S.T.A.R. Parents

Oct 17: 9:15 AM-10:45 AM

19: 7:30 PM-9 PM

Setting Limits Respectfully

Nov 28: 9:15 AM-10:45 AM

Nov 30: 7:30 PM-9 PM

Responding to Upsets and Tantrums

Jan 16: 9:15 AM-10:45 AM

Jan 18: 7:30 PM-9 PM

Conflicts and Disagreements

Feb 20: 9:15 AM-10:45 AM

Feb 22: 7:30 PM-9 PM

Building Cooperation & Preventing
Power Struggles

Mar 20: 9:15 AM-10:45 AM

March 22: 7:30 PM-9 PM

What About Consequences?

April 24: 9:15-10:45 AM

April 26: 7:30 PM-9 PM

CONTACT

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Conscious Discipline Certified
Instructor

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WORKSHOPS:
FOR PARENTS OF CHILDREN BIRTH - 7 YEARS
SESSIONS ARE OPEN TO ALL PRESENT AND ALUMNI PARENTS.
CONSCIOUS DISCIPLINE IS A JOURNEY, NOT A ONE-TIME
WORKSHOP